

# Horse Power Leadership™



**As humans and horses are both herd animals, horses have a lot to teach us.** They too experience hierarchies, jealousy, moods, friendships, conflict and love. This powerful, experiential course takes us to the wild west (*Boulder, actually*) where we throw on the boots and work with horses to learn about communication and leadership.

## **Groups join us to:**

- Spice up their leadership development program
- Build relationships with one another
- Work through conflict
- Enhance communication among and between teams
- Have fun

## **By observing, leading and working with the horses, we explore such questions as...**

- What does it mean to authentically communicate?
- What is the difference between leading and influencing?
- How important is trust?
- Does body language really matter?

*“I was a bit afraid at first and had no idea what to expect. I soon felt deeply connected with the horse. She helped me realize how abrupt I can be and how taking my time can lead to much better results.”*

*~ Ann, a participant*

Get ready to “take it outside” as we use horses to discover leadership styles, natural instincts and whatever else the observer observes. Each experience is always unique!

*Ground work only – no riding or horse experience required.*



**Customize your experience**

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